

# Coral Tree Family Service



## Child Youth Mental Health Services (CYMHS)

## Coral Tree Family Service (CTFS)

Coral Tree Family Service is a NSW state-wide tertiary referral service that aims to assist families whose children are experiencing significant social, emotional, relationship and behavioural difficulties.

Families referred to CTFS have sought intervention from local services such as CYMHS (Child Youth Mental Health Services) an NGO (Non-Government Organisation) or private practitioners. Their child continues to struggle to manage their emotions, have meaningful connections with others and lacks confidence which impacts on how the child functions in their home, school and social environments. Parents receiving support from CTFS often find it increasingly difficult to manage their children and are feeling overwhelmed.

The Clinical School Program is one of the programs that Coral Tree offers. Coral Tree also provides a state wide Family Residential Program, Day Admissions and Consultation with professionals.

## Clinical School Program (CSP)

The CSP is a unique health and education partnership. It is available for children in Kindergarten – Year 6 who are having significant difficulties at home and school that have not responded to health or education interventions.

In conjunction with your child enrolling in Arndell School, CTFS aims to work alongside your whole family to understand what is going on for your child and explore the ways we can best support you to make your home a safer, happier and more harmonious living environment.

During your family's engagement with the CSP you will be assigned a team from CTFS to work with you. Your team will meet with you and plan how we can best work together to meet your family's needs.

### Program Requirements:

- Regular outpatient appointments
- A Family Residential Stay with pre and post outpatient appointments

### Options:

- Medical review with our child and adolescent psychiatrist in consultation with your treating doctor
- Parenting groups e.g. Circle of Security
- Individual work if appropriate in consultation with your clinical team
- Small group work focusing on social, emotional and communication development

**As part of the CSP your family must be engaged with CTFS during your child's enrolment at Arndell or your child will be at risk of losing their placement.**



**Health**  
Northern Sydney  
Local Health District

# Arndell School

Arndell School is a specialised school for students with emotional and behavioural difficulties. Children attend Arndell School 4 days a week and their home school on Mondays with the aim to transition back to the home school.

There are two pathways for enrolment at Arndell School:

- **Via CTFS.** This tertiary referral service is available to students in the Public, Catholic and Independent school systems.
- **Via Access Request.** With public school enrolment the home school principal can apply for a position at Arndell School.

**Access Request enables your child to access the education program from Arndell School. Your child and your family will not have access to Coral Tree Family Service via this pathway.**

# Referring to the CSP

CTFS accepts referrals for the CSP from mental health services who are providing regular ongoing therapeutic family work. Examples of these services include:

- Child Youth/Adolescent Mental Health (CYMHS/CAMHS)
- Private Practitioners
- FACS/ Non-government organisations who are providing ongoing family therapy

A referral to the CSP is appropriate when other interventions have not improved the child's social, emotional, academic and relationship experiences.


Your referrer must contact CTFS on 9887 5830 to begin the referral process.

## For further information

### Coral Tree Family Service

70A Badajoz Road, North Ryde 2113

 [www.nslhd.health.nsw.gov.au/Services/Directory/Pages/CoralTree.aspx](http://www.nslhd.health.nsw.gov.au/Services/Directory/Pages/CoralTree.aspx)


 **Phone: 9887 5830**

 [NSLHD-MACQ-Coraltreefamilyservice@health.nsw.gov.au](mailto:NSLHD-MACQ-Coraltreefamilyservice@health.nsw.gov.au)

If you need an interpreter to help you contact our service telephone the Translating and Interpreting Service (TIS). The number is 131 450. Tell TIS the language you speak and the name and telephone number of our service. TIS is a free service.

### Arndell School

 [www.arndell-s.schools.nsw.edu.au](http://www.arndell-s.schools.nsw.edu.au)

 **Phone: 9888 3737**